



alannah &  
madeline  
foundation



# Buddy Bags

## Providing basic essential items to thousands of children in emergency accommodation

Each year, tens of thousands of children in Australia enter emergency accommodation – some arrive with only the clothes they are wearing.

The process can be swift and traumatic, leaving children facing new and unfamiliar surroundings. Many will have experienced violence and suddenly find themselves separated from parents or siblings.

Buddy Bags are backpacks containing new and essential items such as a toothbrush, toothpaste, hairbrush, pillowcase, facewasher, pyjamas, underwear and socks, as well as a book, photo frame and the all-important teddy bear.

They're simple, everyday items that most of us take for granted.

In addition to providing material aid, Buddy Bags help restore a sense of safety and security into children's lives during this time of trauma – which is one of the vital first steps to recovery. Buddy Bags are something they can call their own, no matter where they go.

The Alannah & Madeline Foundation delivers 10,000 Buddy Bags to children across the country every year. Since the program was introduced in 2007, more than 100,000 children have received a Buddy Bag.

We rely on community support and donations to help deliver Buddy Bags to children in emergency accommodation. Just \$50 can help provide one child in need with a complete Buddy Bag.

Contact us to sponsor a Buddy Bag or donate products in bulk.

To learn more about Buddy Bags go to [amf.org.au/buddybags](http://amf.org.au/buddybags) or call 1300 720 747

