

# NATIONAL CENTRE AGAINST BULLYING



## HOW WE HELP

We care for children who have experienced or witnessed serious violence; reduce the incidence of bullying, cyber bullying and other cyber risks; and we advocate for the safety and wellbeing of children.

Our programs are in one third of Australian schools and more than 75% of Australian public libraries. We also support 10,000 children in refuges or foster homes across the country every year.

Our vision is that every child will live in a safe and supportive environment.

## OUR HISTORY

The Alannah & Madeline Foundation was set up in memory of Alannah and Madeline Mikac, aged six and three, who were tragically killed with their mother and 32 others at Port Arthur, Tasmania on 28 April 1996.

## OUR BELIEFS

We believe that no child should feel unsafe or be threatened with violence.

We believe that confident, secure, resilient and inspired young people are our hope for the future.

We have made a great difference in our first 20 years and have assisted more than 2 million children.

But we can - and we will - do more.

## OUR PROMISE

Our promise is to create a safer world for children - both on and offline.

**The National Centre Against Bullying (NCAB) is a peak body working to advise and inform the Australian community on the issue of childhood bullying and the creation of safe schools and communities.**

Chaired by the Hon Joseph Kay, former Judge of the Family Court of Australia, NCAB plays an important role in speaking out for children and advocating for their right to be free from bullying.

Established in 2002, by the Alannah & Madeline Foundation, NCAB's 23 members include some of Australia's leading experts in the field of bullying and cyber bullying – including psychologists, academics, researchers and educators.

Basing its position on the Kandersteg Declaration Against Bullying in Children and Youth 2007, NCAB holds that governments, communities, organisations, schools and individuals must take action to help reduce the incidence of bullying. NCAB works closely with school communities, governments and industry to highlight and address the issue.

Driven by best-practice research and expert knowledge, NCAB aims to:

- **provide national leadership in addressing bullying and other negative behaviours and achieve safe and connected environments for young people**
- **change attitudes about bullying, and related issues, and increase awareness of the harm it causes to individuals and society**
- **build the capacity, knowledge and skill base of a range of sectors to enable them to address the issues of bullying and wellbeing**
- **drive evidence-based practice in the fields of bullying and wellbeing**

NCAB hosts biennial conferences in Melbourne, bringing together world-leading local and international guest speakers, presenters and delegates.

**“A substantial proportion of school children, around a half, report that they have been bullied during a school year, some very severely with tragic consequences.”**

-Professor Ken Rigby, NCAB Member, 2016.

For more information, visit [ncab.org.au](http://ncab.org.au) or call **1300 720 747**.