

WORKSHOP OUTLINES

	Title	Description	Duration	Audience	Max Participants
Cyber Safety	3C's	These are general cyber safety sessions. They provide an overview of the key cyber safety topics and protective factors for keeping safe online. The Alannah & Madeline Foundation's 3 C's of Cyber Safety – Contact, Conduct and Content ensure consistent approaches to keeping safe online. Sessions are available for middle primary, upper primary, lower secondary and upper secondary as well as adults who support and care for children and young people. The adult session focuses on providing the participants with the tools to support children and young people online at school, home and the broader community.	60	Primary Students	100
	Going Places Safely	This interactive session is specifically for early childhood and lower primary level children . It focuses on enjoying the internet while staying safe using three key age-appropriate rules.	45	Lower Primary Students	50*
	Digital Reputation and Privacy	Digital citizenship; safe social media use; critical digital literacy; protecting private information; privacy settings.	60	Secondary Students	100
	#Trending – Youth Behaviours & Technology	Insight into the online worlds of young people including; latest trends, risks and research. Plus, tips for teachers/parents on how to manage technology use in the school/home.	60	Adults	-

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	Title	Description	Duration	Audience	Max Participants
	Parenting in the Digital World	Supporting parents to play an active role in their child's digital world. This session includes detailed information on: risks and opportunities afforded by technology for young people, and a range of parenting tips for managing a child's life online. No one approach works for all families, so this presents a selection of advice based on formal research and our extensive work with schools, children and their parents.	60	Parents	-
	Risk and Response - Cyber safety and Bullying	Risks and incident responses for: cyberbullying, sexting, impersonation/hacking, trolling/flaming; latest and best industry resources, including the Office of the eSafety Commissioner.	60	Teachers	-
Bullying	Bullying	Provides an overview of bullying – what it is, what it isn't, and what you can do about it.	60	Parents	-
	Bullying	Provides an overview of bullying – what it is, what it isn't, and what you can do about it.	60	Teachers	-
	Workplace Bullying	An overview of bullying behaviour, its effects and how to address it in the workplace. Includes insights into the digital generation divide and how cyber bullying can also be a factor in the workplace.	60	Adults	-

	Title	Description	Duration	Audience	Max Participants
Wellbeing	Respectful Relationships Online and Off	Looking after yourself and others in on and offline worlds; understanding the impact of social media sharing; social/emotional strategies; Developed as interactive workshop with accompanying activities.	60	Primary students	50*
	Respecting and Relating	Respect – and disrespect online and off. Are they the same – or different? Good relationships involve respect – what this looks like and how it's important to recognise boundaries.	60	Secondary Students	50*
The Alannah & Madeline Foundation	Our History	Discover the story of the Alannah & Madeline Foundation and its key pillars of care, prevention and advocacy. The workshop includes themes relating to resilience and leadership.	30 & 60	Adults	-
	What we do	An overview of the breadth of programs provided by the Alannah & Madeline Foundation across the areas of care, prevention and advocacy. Includes best practice examples and an outline of impacts of each evidence based program.	30 & 60	Adults	-
	Cubby House	An overview of the impacts of the Alannah & Madeline Foundation's Cubby House. The Cubby House is an Australian-first initiative that provides a supportive and safe haven for children and young people dealing with traumatic family situations in the Broadmeadows Children's Court.	30	Adults	-

*Please note that we are unable to deliver an interactive workshop if there are more than 50 students in these sessions.

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