



**Exposure to serious violence impacts significantly on a child's development.**

The Alannah and Madeline Foundation was set up in memory of Alannah and Madeline Mikac, aged 6 and 3, who were tragically killed with their mother and 32 others at Port Arthur, Tasmania on 28 April 1996. The Foundation is a national charity. We protect children from violence and its devastating impact; and we care for children who experience and witness serious violence.

## Intensive Support Program

The Alannah and Madeline Foundation Intensive Support Program is an evidence-based program working closely with children, and their families, following traumatic events or violent circumstances.

Our program helps children recover by focussing on what they need. We address the overall emotional, educational and social needs of traumatised children; their psychological wellbeing; as well as any specific health concerns.

### Helping children

Children are provided with the relevant therapeutic support essential to their recovery. Individual, group or family counselling is arranged where necessary; children are provided with opportunities to connect with their peers and others in their community; and they are referred to services to assist with their educational or social development.

Through the program, parents and carers gain extra skills and knowledge to help them understand child behaviours from a trauma perspective and learn effective ways of responding.

We work with the relevant agencies in their communities to provide children, and their families, with essential support including parent education classes, financial counselling, and support groups.

### A long term commitment

The negative effects of violence can be long term, often carrying over to future generations. Our Program is designed to provide intensive support to children and their families for up to 2 years, with an ongoing relationship fostered and maintained until children reach adulthood.

The Program is currently available to children residing in Melbourne and surrounding areas. We expect the geographical catchment of this program to expand in the near future.

### The difference a donation makes

Help us reach the children struggling to adjust due to violence in their lives. Make a donation today so more children can be part of this important program.

- \$20 provides a child a full health assessment from a medical practitioner.
- \$50 contributes to a pair of shoes or a similar essential item for a child.
- \$100 means a child will be able to attend a therapeutic camp.
- \$250 buys a child a pair of corrective glasses.
- \$400 provides a child with one term of tutoring.
- \$1,000 covers the cost for a child to attend a child psychologist for 12 months.
- \$4,000 will put a child through the Intensive Support Program for a year.

Don't hesitate to contact us if you would like more information, or if a child you know needs assistance.

